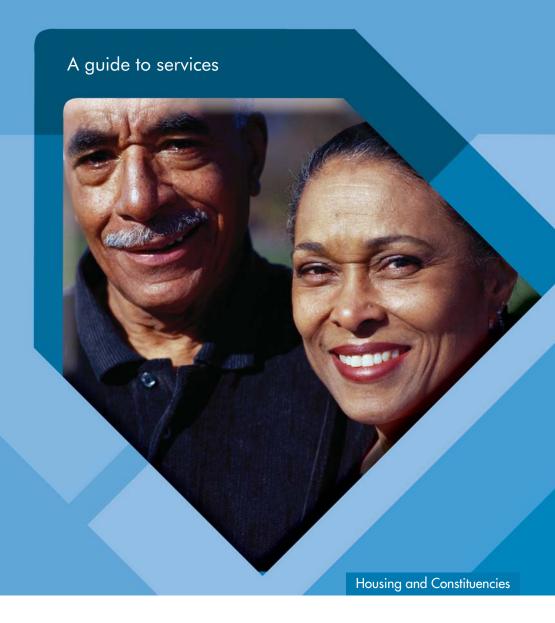
Independent Living





Independent Living

How we can help you live more independently at home

Our Independent Living Service helps elderly and disabled people to maximise their health, safety and independence at home.

Depending on your circumstances there are a range of services available to you including:

- advice and information on how meet your needs.
- minor adaptations to help maximise your independence around the home such as grab rails, small ramps etc (available through the Adults and Communities service)

- assisting you to undertake adaptations or improvements to your home from your own funds or through accessible loans
- helping you to find and move to a home suited to your needs - including registering on our disabled persons housing register, adapted accommodation, sheltered housing, ground floor facilities
- contacting your landlord to see how they can help you
- providing financial help such as Disabled Facilities Grants for larger adaptations eg stairlifts, bathing facilities and home conversions.

How we can help you

Help and Advice

If you would like general advice on the services available or information on reliable contractors, specialist providers and other organisations who may be better able to give you help and advice with your needs you can call us on 0121 303 6330 or email us at independentliving @birmingham.gov.uk.

The Assist Birmingham Centre operated by our colleagues in Adults and Communities will be happy to provide you with a self-assessment, equipment demonstrations and practical advice on a range of equipment that may also help you to maximise your independence. You can call the centre on 0121 464 4942.

Minor adaptations

If you require help with small adaptations such as grab rails please contact the Adults and Communities' Older Peoples' Access Service for more information and advice on 0121 303 1234.

HouseProud

If you own your home, our award winning HouseProud service provides an affordable way for you to fund the adaptations you need. Our dedicated team provides a comprehensive service including organising funding, designing a scheme to your requirements and appointing one of our approved contractors.

You may also be eligible for help with adaptations through other sources such as a benevolent fund linked to your employment. We can help find out if you are eligible by contacting organisations on your behalf and completing any necessary application forms.

Even if you don't own your own home you can still use the HouseProud service if you're able to fund the adaptations yourself. We'll just need to get your landlord's permission first.

Moving to a more suitable home

If you own your own home and want to move to somewhere smaller or more suitable, we may be able to help and advise on finding a new property and organising your move.

You can also apply to join the Disabled Persons Housing Register which matches adapted homes to the needs of the individual. For details of our Moving On services and an application form, contact our help and advice service on 0121 303 6330.

Disabled facilities grants

Demand for Disabled Facilities Grants is always high so we need to be sure that we target those most in need and can only offer this help to those who meet the necessary criteria.

If you wish to be considered for a Disabled Facilities Grant you will need to have an assessment by an Occupational Therapist from the Adults and Communities service. As part of your assessment the Occupational Therapist will consider a range of options to meet your needs including rehabilitation, minor equipment and adaptations and care services. If, as a result of your assessment, the Occupational Therapist recommends our help to meet your independence needs, the independent living service will contact you to advise you of your assessed level of need, the options available to you and whether you will need to complete a Test of Resources (means test).

To discuss having an assessment, please contact the Older People's Access Service (OPAS) on 0121 303 1234.

If you are eligible for a grant we will provide a comprehensive service from form filling through design to organising, supervising and arranging payment for the work using our qualified staff and city approved contractors.

If you wish to appoint your own contractor and apply directly for a Disabled Facilities Grant you will still require an assessment by an Occupational Therapist. For an application form and further information, please contact us on 0121 303 1234.

Further details

More details on the options covered in this leaflet are available in our guide - ways to help you live independently at home. Alternatively you can visit our website at www.birmingham.gov.uk/inde pendentliving or contact us on 0121 303 6330 for further help and information.

This is important. If you do not understand this document then please ask a friend or relative, who speaks English, to contact your local neighbourhood office or housing team on your behalf. We will then arrange for an interpreter to meet with you.

هذه الرسالة مهمة، فإن لم تفهمها نرجو أن تطلب من أحد أصدقانك أو أقربانك ممن يتكلمون الإنجليزية أن يتصل بمكتب الحي "نيبرهود أوفوس" المحلى أو فريق الإسكان نيابة عنك. بعد ذلك سنرتب للقاء بك مع وجود مترجم فوري.

ARABIC

এটা খুবই গুরুত্বপূর্ব। আপনি এই দলিলটি বুঝতে না পারলে দয়া করে ইংরেজীতে কথা বলতে পারেন এরূপ আপনার একজন বন্ধু-বান্ধব বা আখ্মীয়কে আপনার পক্ষ হয়ে আপনার স্থানীয় নেইবারহুড অফিস বা হাউজিং টিম এর সঙ্গে যোগাযোগ করতে বলুন। এরপর আমরা আপনার সঙ্গে সাক্ষাৎ করার বাবস্থা করব এবং এতে সহায়তার জন্য একজন ইন্টারপ্রিটার রাখা হবে।

BENGALI

此事極爲重要,如果你看不懂這份文件,請找一位會講英語的親戚或朋友代你 接觸當地的鄰舍辦事處或房屋服務隊。然後我們會安排傳譯員一起見你。

CHINESE

این اطلاعات بسیارمهم است. اگرمحتوی این مدرک را نمی فهمید، لطفا از یک دو ست یا خویشاو ند تان که به زبان انگلیسی صحبت کرده میتواند خواهش کنید که ازطرف شما بانیبرهود آفس یا هو زنگ تیم محل شما تماس بگیرد. بعداًما برای شما مترجم فراهم می کنیم که باشما ملاقات کند.

FARSI

આ બાબત અગત્યની છે. જો તમને આ દસ્તાવેજમાં લખેલી બાબત ન સમજાય તો કૃપા કરી કોઇ અંગ્રેજી બોલતા મિત્ર અથવા સગાસંબંધીને તમારી સ્થાનિક નેંબરહૂડ ઑફિસ અથવા હાઉસિંગ ટીમનો તમારા વિત સંપર્ક સાધવા વિનંતી કરો. પછી દુભાષિયા સાથે તમને મળવાની અમે વ્યવસ્થા કરશું.

GUJARATI

ਇਹ ਗੱਲ ਬੜੀ ਜ਼ਰੂਰੀ ਹੈ। ਜੇ ਤੁਹਾਨੂੰ ਇਸ ਪਰਚੇ ਦੀ ਸਮਝ ਨਹੀਂ ਲੱਗਦੀ ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਅਪਣੇ ਕਿਸੇ ਅੰਗਰੇਜ਼ੀ ਬੋੱਲਣ ਵਾਲੇ ਦੋਸਤ ਜਾਂ ਰਿਸ਼ਤੇਦਾਰ ਨੂੰ ਕਹੋ ਕਿ ਉਹ ਤੁਹਾਡੇ ਵਾਸਤੇ ਸਥਾਨਕ ਨੇਬਰਹੁੱਡ ਔਫ਼ਿਸ ਜਾਂ ਹਾਊਸਿੰਗ ਟੀਮ ਨਾਲ ਸੰਪਰਕ ਕਰੇ। ਉਸ ਤੋਂ ਬਾਅਦ ਅਸੀਂ ਕਿਸੇ ਦੋਭਾਸ਼ੀਏ ਰਾਹੀਂ ਤੁਹਾਡੇ ਨਾਲ ਗੱਲ ਕਰਨ ਦਾ ਪ੍ਰਬੰਧ ਕਰਾਂਗੇ।

PUNJABI

داډېر مهم معلومات دی. که تاسي په دی سند نه پوهېږي نومهرباني و کړي دخپل يوملگري يا خپلوان نه چه په انگريزي ژبه خبري کولاي شي غوښتنه و کړي جه ستاسي له خواستاسي دسيمي نيېرهود افس يا هوزنگ ټيم سره په تماس کي شي. بيا به مونږ ترجمان برابر کړو چه ستاسي سره کتنه و کړي.

PUSHTO

Tani waa muhiim. Hadii aadan fahmaynin warqadan fadlan waydiiso ruux saaxiibkaa ama qaraabadaada ah oo af ingiriiska ku hadla inuu kuu waco xafiiska Dariska (Neighbourhood Office) ama kooxda guryaha asagoo adiga kumatalaya. Markaa Kadib Ayaan kuu balaminaynaa Turjubaan.

SOMALI

URDU

Đây là việc quan trọng. Nếu quý vị không hiểu tài liệu này làm ơn nhờ bạn hay người thân biết nói tiếng Anh thay mặt cho quý vị liên lạc với đội nhà cửa hoặc văn phòng nhà cửa ở địa phương của quý vị. Chúng tôi sẽ thu xếp một thông dịch viên đến gặp quý vị.

VIETNAMESE

If you would like this leaflet in large print, Braille, or on audio cd or tape, please call 0121 303 6330.

Reference: HOUS 1826, published September 2008