PRICES

PULSE POINT FITNESS SUITE

Starter Programme	£11.00
Starter Programme PTL	£ 6.60
Junior Starter Programme	£ 6.00
Review Programme	£ 6.50
Review Programme PTL	£ 3.90
Admission	£ 5.20
Admission PTL	£ 2.60
Junior Admission	£ 2.60
Full Programme	£20.00
Full Programme PTL	£10.00

SPORTS

Badminton Adult	£5.00
Badminton Junior	£3.30
Table Tennis Adult	£3.00
Table Tennis Junior	£2.30
Yearly Badminton Booking Card	£15.00

POWER POINT WEIGHTS ROOM

Starter Programme	£ 5.50
Starter Programme PTL	£ 2.25
Admission	£ 5.20
Admission PTL	£ 2.60
Junior Admission	£ 2.60
Combination Ticket	£ 6.80
Combination Ticket PTL	£ 3.40

PAY & PLAY

Badminton Court	£6.30
Badminton Court PTL	£3.20
Table Tennis – Adult	£4.50
Table Tennis – Child	£3.30

WOMEN'S RECREATION

Admission	£ 5.20
Admission PTL	£ 2.60

CHILDREN'S 12 WEEK COURSES

Trampolining / Karate
Football / Gymnastics

From £30.00 £18.00PTL for 1 hour
From £40.00 £24.00PTL for 2hours

EXERCISE CLASSES

Health Fix	£4.50 / £2.25 PTL
Aerobics	£4.50 / £2.25 PTL
Pilates	£4.50 / £2.25 PTL
Circuit Training	£4.50 / £2.25 PTL
Thump	£5.00 / £2.25 PTL
Step	£4.50 / £2.25 PTL
Studio Cycle	£4.50 / £2.25 PTL

EQUIPMENT HIRE

	Deposit	Hire
Rackets	£5.00	£1.00
Table Tennis Bats	£5.00	£1.00
Table Tennis Nets & Posts	£5.00	£1.00

MONTHLY USER CARD

£34.00 £26.00 PTL
Includes exclusive use of Pulsepoint, POWERPOINT / PULSEPOINT GYM PowerPoint and all Exercise Classes.

Contact reception for details on Passport to Leisure reductions

Birmingham City Council
Local Services

For further details telephone 0121 464 6060

Chamberlain Health & Fitness Centre
1 Belgrave Road
HIGHGATE
BIRMINGHAM
B12 9FF
0121 464 6060

FACILITY HIRE CHARGES

Facility	Cost per hour
FULL SPORTS HALL	£64.00
HALF SPORTS HALL	£32.00
Multi-Activity Room	£30.00
POWERPOINT / PULSEPOINT GYM	£35.00
MUGA	£15.00

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