GYMNASTICS CLASSES

at the

GMAC

GYMNASTICS & MARTIAL ARTS CENTRE				
DAY	**TIME**	**AGE**	**LEVEL**	**DISCIPLINE**
Monday	4.30–5.30	4+	Beginners	Rhythmic Gymnastics – Girls only
Monday	4.00–4.45	4 & 5	Beginners	General Gymnastics
Monday	4.45–5.30	6 & 7	Beginners	General Gymnastics
Monday	5.30 – 6.30	8 & 9	Beginners	General Gymnastics
Tuesday	4.00 – 4.45	4&5	Beginners	General Gymnastics
Tuesday	5.00 – 6.00	7 & 10	Beginners/Novice	Junior Tumbling
Tuesday	6.00 – 7.00	Invitation only	Intermediate	Junior Tumbling
Tuesday	5.00-6.00	**8+**	Beginners/intermediate	Rhythmic Gymnastics – Girls only
Tuesday	7.00-8.30	Adults (Over 16)	Beginners/Intermediate	General Gymnastics
Wednesday	5.00–6.00	7+	Beginners	Rhythmic Gymnastics – Girls only
Wednesday	6.00 – 7.00	10+	Intermediate	Rhythmic Gymnastics – Girls only
Wednesday	4.30–6.00	Invitation only	Advanced	General Gymnastics
Thursday	4.00 – 4.45	4 & 5	Beginners	General Gymnastics
Thursday	4.45–5.30	4 & 5	Beginners	General Gymnastics
Thursday	5.00-6.00	4+	Beginners	Rhythmic Gymnastics – Girls only
Thursday	5.30–6.15	6 & 7	Beginners	General Gymnastics
Friday	4.00–4.45	4 & 5	Beginners	General Gymnastics
Friday	4.45–5.30	4 & 5	Beginners	General Gymnastics
Friday	5.30-6.15	6 & 7	Beginners	General Gymnastics
Friday	6.15 – 7.00	6 & 7	Beginners	General Gymnastics
Friday	7.00-8.30	Adults (Over 16)	Beginners/Intermediate	General Gymnastics
Saturday	9.00–10.00	8 & 9	Beginners	General Gymnastics
Saturday	10.00-11.00	10-12	Beginners/Intermediate	General Gymnastics
Saturday	11.00–12.00	12+	Intermediate/Adv Rec	General Gymnastics
Saturday	12.30 – 1.15	4 & 5	Beginners	General Gymnastics
Saturday	1.15 – 2.00	4 & 5	Beginners	General Gymnastics
Saturday	2.00 – 2.45	6 & 7	Beginners	General Gymnastics
Saturday	2.45 – 3.45	8 & 9	Beginners	General Gymnastics
Saturday	3.45 – 4.45	10-12	Beginners/Intermediate	General Gymnastics

PAYMENT DETAILS FOR CHILDREN'S CLASSES 2012				
	Class Fee	***2nd Child Reduction***	***3rd Child Reduction***	***4th Child Reduction***
All 90min Classes	£71.50	£53.65	£46.50	Free
All 45min & One Hour Classes	£47.90	£35.90	£31.10	Free
Passport to Leisure – 45min & one hour	£28.75	No second and third child reductions for PTL users		Free

PAYMENT DETAILS FOR ADULTS CLASS ONLY
Fees are paid on a sessional basis and the cost per session is £4.80 or £4.30 for PTL holders

2012/2013 TERM DATES

Please remember that terms are **TWELVE WEEKS IN DURATION** and that **PRE-ENROLMENT PERIOD IS DURING WEEK 7 - 9**

THERE WILL BE NO CLASSES DURING HALF TERM (unless otherwise stated)

TERM	**Start Date**	**End Date**	*Half Term Week –Classes do not run*
SPRING 2013	4th January	28th March	*18.02.13-23.02.13*
SUMMER 2012	16th April	14th July	*04.06.12 – 09.06.12*
AUTUMN 2012	10th September	8th December	*22.10.12 – 27.10.12*